

COMMITMENT TO OUR VETERAN CITIZENS

VETERAN OUTREACH JOURNAL

AMAC Foundation Veteran Outreach Program



FVOP VISION

Improve the well-being of Veterans, their families, and the Veteran community in honor of their service to our Nation.

FVOP MISSION

The AMAC Foundation Veteran Outreach Program (FVOP) serves to connect Veterans and Veterans organizations to resources through the promotion of continued patriotic service, mental and emotional health resources, transition assistance, and Veteran small business support through collaborative partnerships. By building alliances with similarly dedicated support organizations and individuals nationwide, we share supportive information on programs, relevant policies, and emerging legislation.

VETERAN OUTREACH AND SUPPORT: SHARING IDEAS SHAPING POLICY TOGETHER

In the Nov/Dec 2023 edition of the AMAC Magazine, Gerry Hafer writes, "We know the debt our nation owes to our Veterans and their families, and at AMAC, we consider it a priority and privilege to support the Veteran community." The FVOP mission and collaborators do just that -

Recognize and help America's Veterans in whatever way possible. From mental health awareness, to VA accountability, the collaborators meet monthly to discuss research, support, and actions they can take to support US Veterans and their families.

VETERANS GET OUTSIDE DAY

MILITARY VETERANS ADVOCACY

Veteran's Get Outside Day is designed to show Veterans, their families and caregivers the benefits of nature therapy. Veterans, especially those suffering from PTS and TBI are urged to participate in outdoor events on the Veterans' Get Outside Day and on subsequent weekends. The event will also promote the joint MVA/o2 Project 10-A-Day initiative to urge people to spend 10 minutes a day relaxing outside. The overall goal is to promote the joys of life. People who enjoy life seldom commit suicide.

Watch for more details for the June 2024 Get Outside Day event!



## LEGISLATIVE WATCH

The following is a snapshot of US bills or policies that were watched by FVOP Collaborators this quarter. Although not all will require additional action, these were researched, discussed, support letters were distributed, or other relevant action may have been taken.

- “No VA Resources for Illegal Aliens”
- PRESUME ACT
- Radiation Exposure Compensation Act (RECA)



October 13 joint letter of support for H.R. 4566, the “Providing Radiation Exposed Servicemembers Undisputed Medical Eligibility (PRESUME) Act.”

## FVOP COLLABORATING

Veteran-related organizations receive daily inbound calls and emails from Veterans needing assistance; but, not all inquiries are aligned with the organization’s mission. Through FVOP Collaborators, we team up to help! This quarter we assisted with Veteran housing and living arrangements, Social Security, and other resource needs.

## FOCUSED ON VETERAN HEALTH

Several FVOP Collaborator organizations engage to provide resources, deliver support groups, or take action on to support health of Veterans, specifically in areas of mental health. Here are just some of the goals and expertise of the FVOP Collaborators:

- 22toZero - PTSD and healing
- Check-a-Vet - Mental Health Awareness, Suicide Prevention, and VA accountability
- NAAV - Health and wellness of those exposed to radiation
- Sons of the Legion - Rep George Whorton, VA SAFE Certified; Central FL support, advocacy, and American Legion project
- AMAC Foundation, FVOP team member - Mental Health First Aid (MHFA) Certified



**OUR MISSION IS TO PREVENT VETERAN SUICIDE.**

**CLICK TO LEARN MORE OR VISIT [WWW.CHECKAVET.ORG](http://WWW.CHECKAVET.ORG)**

## VETERAN DISCOUNTS

Veteran discounts from many retail stores and establishments are very common around the patriotic holidays. However, many retailers also give year-round discounts to active duty, Veterans, reserves, and family members (valid ID may be required).

AMAC Foundation published an [article](#) compiled several resources on discounts offered to our service men and women and their families.

FVOP RECEIVED A SPECIAL THANK YOU FROM VETERAN, GUSTAVOS OF SAVANNAH, GA. Gustavos expressed his thanks to the FVOP Team and Collaborators for caring about Veteran issues.

In meeting an FVOP team member, he spoke about his hardships with the VA, and gratitude for the organizations that support and defend the rights of US Veterans.



### ✓ 22Zero’s Mission

PTSD is an injury that can now heal just as quickly as it happens. Our approach works. We are seeing results daily among veterans (all branches of the U.S. Military), first responders (LEO, 9-11 Dispatch, FF, EMS), spouses and minor children living in the home, and Gold Star Families, at no cost to mission clients, from America.

### ✓ Why We Do What We Do

We believe there is a better way to deal with traumatic emotions and negative emotions affecting our day-to-day lives. We developed the Tactical Resiliency Process (TRP) which is the heart of our interventions. They are the Trauma Resiliency-Protocol (TRP) and the Emotions Management Process (EMP).

### CONNECT WITH US

[gethealed@22zero.org](mailto:gethealed@22zero.org)  
(800) 221-9154