

## *Learn more about mental health and substance use in America:*

- One in five adults ([57.8 million adults](#)) in the U.S. experienced mental illness in 2021.
- [46.3 million](#) people aged 12 or over had a substance use disorder in 2021.
- [47.2%](#) of U.S. adults with mental illness received treatment in 2021.
- [65.4%](#) of U.S. adults with serious mental illness received treatment in 2021.
- [33.5%](#) of U.S. adults with mental illness also experienced a substance use disorder in 2021 (19.4 million individuals).
- Suicide is the [second leading](#) cause of death among people aged 10-14 and the third leading cause of death among those aged 15-24 in the U.S.
- [46%](#) of people who die by suicide had a diagnosed mental health condition.
- At least [4 million](#) people in the U.S. provide care to an adult with a mental or emotional health issue.
- The [average delay](#) between symptom onset and treatment for mental illness is 11 years.
- [3 million](#) Americans live in recovery after some form of substance use challenge.
- [Three out of four people](#) who experience addiction eventually recover.

