



seeking
veterans
with
paralysis.

CLEMSON
UNIVERSITY:
TUTOR, TALK AND
TRAIN





Contact Us Today!

This program begins in early January 2021. If you or someone you know is interested or would like more information, please contact Dr. Skye Arthur-Banning: sarthur@clemson.edu
717-454-7552



The **Clemson University Tutor, Talk and Train virtual program** is fully funded and supported by the Christopher & Dana Reeve Foundation.

Participants will be actively involved in this exciting new program for 12 months, during which time there will be opportunities to enhance physical and mental wellness.

Participants will:

- Provide volunteer tutoring services to elementary school children
- Earn a Mental Health First Aid certification
- Participate in weekly adaptive yoga, adaptive strength training, and additional adaptive sport opportunities
- Contribute to a monthly book and movie club
- Build camaraderie and friendships through a monthly virtual dinner



**PARALYMPIC
SOCCER**

Clemson University